



FORM YOUR 5TH ANNIVERSARY CELEBRATION TEAM TODAY!

One of the most fun ways to get involved in the Spring for Sidewalks 5k Run is to put together a team! Teams are easy to create and a great opportunity to get together with your friends, co-workers, alumni group, neighbors – whomever!

Teams will be comprised of (5) runners and participants will be included in the individual results for reporting purposes to Ashtabula Distance Runners (ADR). The race course will be the same as last year and that of individual runners. We are asking that all **teams be submitted by May 10th** with individual race participation applications attached to this Team Form so we have time to prepare and organize. Individual applications may be submitted up to the race date however, no teams will be accepted after May 10th.

*****The team race distance will be the whole 5K or 3.1 miles*****

****Please fill this form out with all participant applications completed and stapled together****

Team Name: _____

Team Captain: _____

Participants 2-5:

2. _____

3. _____

4. _____

5. _____

Prizes will be awarded for the winning team time and best dressed team